



A great grab and go item. Black rice, pickled veggies, kale and tofu, wrapped in toasted seaweed.

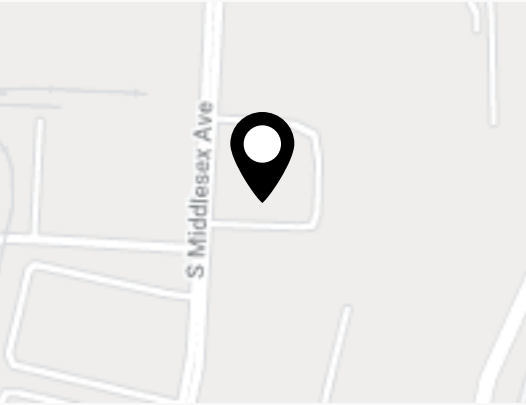
Nutrition Facts	
Serving Size: 7oz (198g)	
Servings Per Container: 1	
Amount Per Serving	
Calories 250	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 470mg	20%
Total Carbohydrate 42g	14%
Dietary Fiber 5g	20%
Sugars 5g	
Protein 9g	
Vitamin A 120%	Vitamin C 50%
Calcium 10%	Iron 10%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Ingredients:

Organic Tofu (Organic Soybeans, Filtered Water, Nigari [Firming Agent]), Organic Brown Rice, Organic Carrots, Organic Kale, Organic Diakon, Organic Black Rice, Organic Scallions, Organic Sunflower Oil, Nori, Organic Coconut Sugar, Organic Apple Cider Vinegar, Natural Flavor, Sea Salt, Organic Tamari (Filtered Water, Organic Soybeans, Salt, Organic Alcohol [Natural Preservative]), Spice

CONTAINS: SOY

LOCATION



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